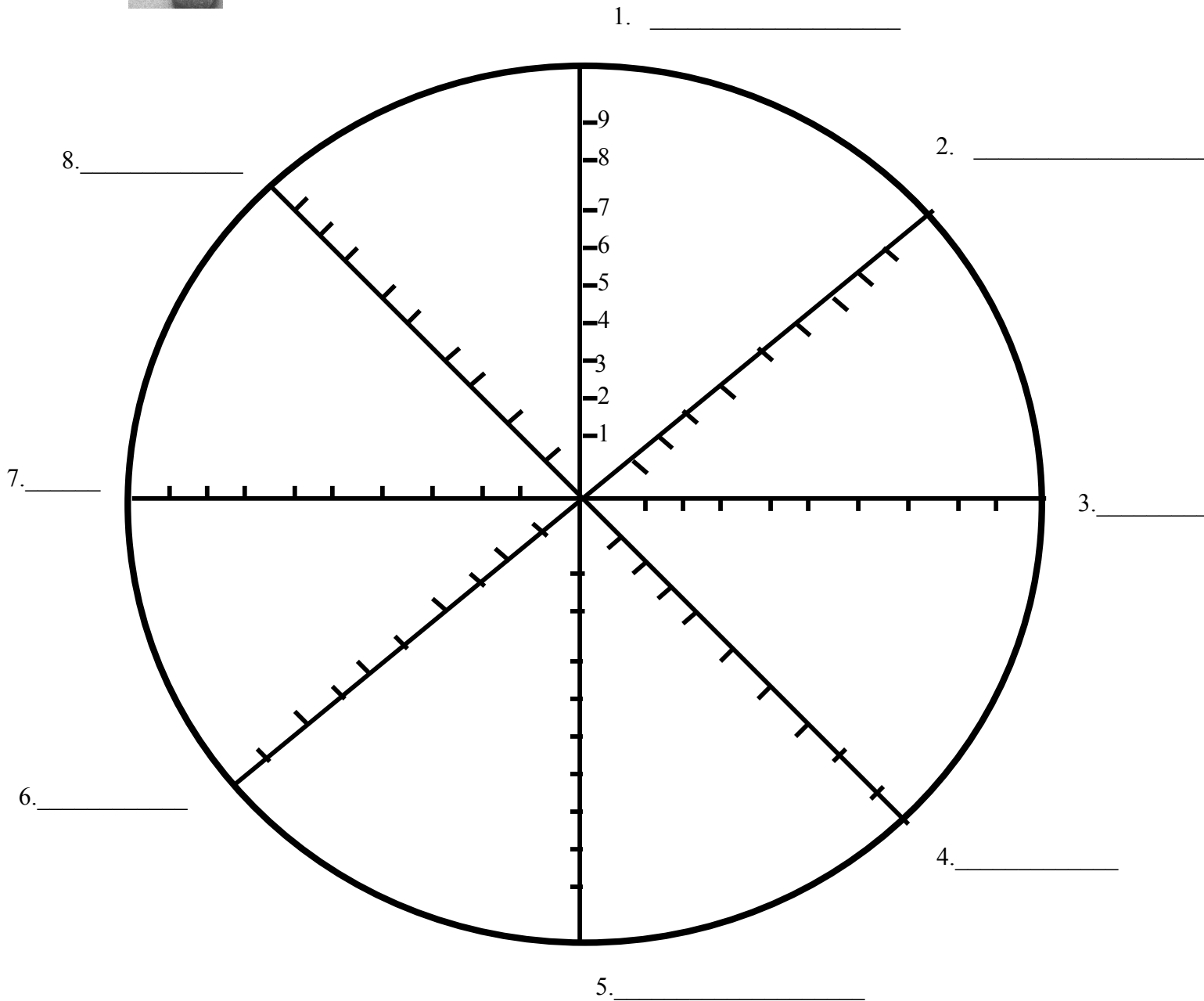




# Next Steps

Getting you where you want to go



1. Identify eight areas of your life that are important to you.
3. Label each segment of the wheel with your eight priorities
4. Reflect on each priority and give each a satisfaction rating from 0 to 10. 10 being very satisfied. Mark this score on the axis of the segment.
5. Complete this for each segment.
6. To get a picture of your current balance draw a line connecting all the scores in the wheel.

***What does this picture tell you ?***

**The next step is to identify where you want to be and what will take you there.**

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